



To attract the best students for market purposes

MY TRAVELING

JOURNAL

NAME:

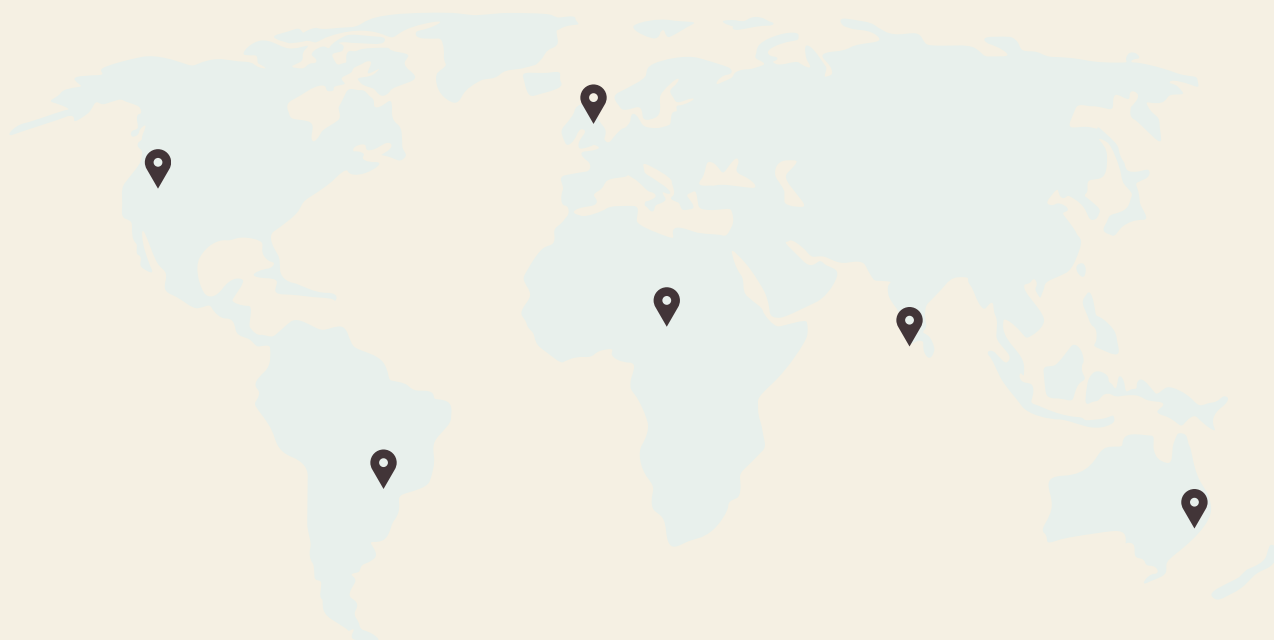
ADDRESS:

TRAVEL SAFETY TIPS

Stay safe and prepared on every adventure

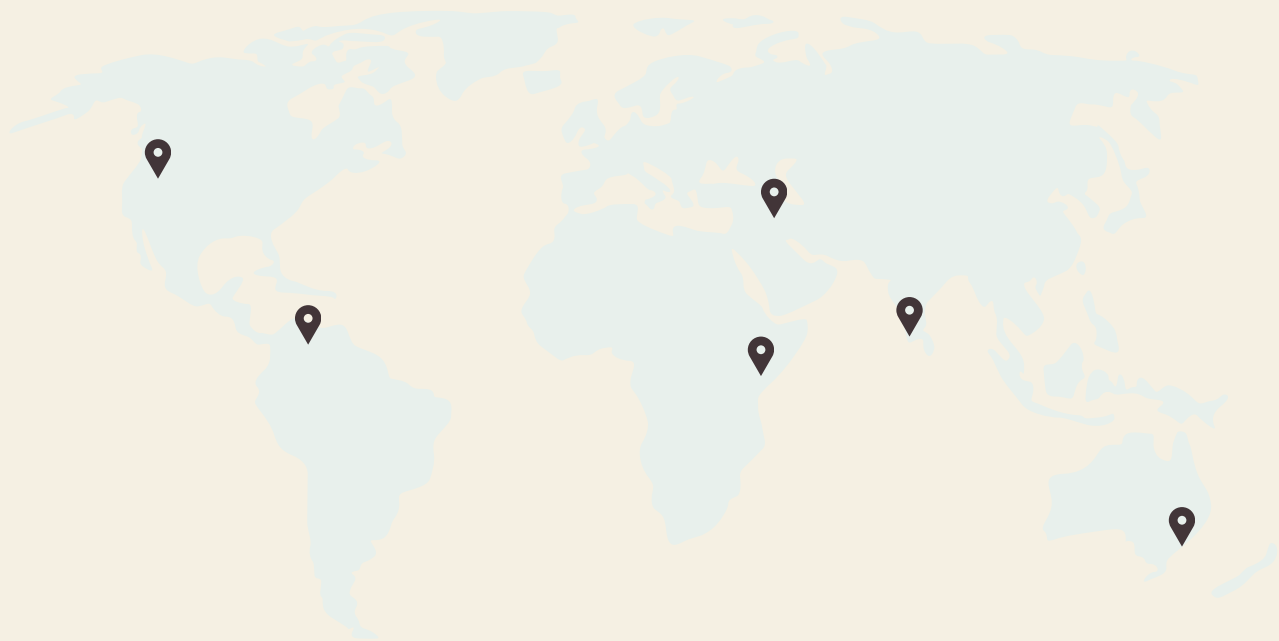
- ☐ Keep copies of passport & ID in separate bags
- ☐ Register with your embassy before travel
- ☐ Research local scams and how to avoid them
- ☐ Share your itinerary with someone at home
- ☐ Keep emergency contacts on your phone & on paper
- ☐ Use hotel safes for valuables
- ☐ Stay aware of surroundings in crowded areas
- ☐ Carry a basic first-aid kit
- ☐ Know the local emergency numbers
- ☐ Use ATMs inside banks when possible
- ☐ Keep bags zipped and close to your body
- ☐ Trust your instincts — leave if something feels off
- ☐ Avoid flashing expensive jewelry or electronics
- ☐ Learn a few key phrases in the local language
- ☐ Keep digital copies of documents in cloud storage

MY DESTINATIONS



DATES	DESTINATION

TRIP OVERVIEW



TRIP START DATE:		NOTES
TRIP END DATE:		
TOTAL DAYS:		

COUNTRY	ARRIVAL	DEPARTURE	TOTAL DAYS	✓
				☐
				☐
				☐
				☐
				☐
				☐
				☐
				☐
				☐
				☐

TRAVEL RESEARCH

ACCOMMODATION

NAME:

COUNTRY	LOCATION	WEBSITE
CHECK-IN	CHECK-OUT	NO. NIGHTS
ROOM TYPE	PRICE PER NIGHT	TOTAL COST
NOTES		BOOK

NAME:

COUNTRY	LOCATION	WEBSITE
CHECK-IN	CHECK-OUT	NO. NIGHTS
ROOM TYPE	PRICE PER NIGHT	TOTAL COST
NOTES		BOOK

TRAVEL RESEARCH

USEFUL WEBSITES

WWW. _____

WWW. _____

WWW. _____

WWW. _____

WWW. _____

WWW. _____

WWW. _____

WWW. _____

WWW. _____

WWW. _____

WWW. _____

WWW. _____

WWW. _____

WWW. _____

WWW. _____

WWW. _____

IDEAS

NOTES

TRAVEL PLANNER

DATE :

THINGS TO DO

PLACES TO SHOP

DESTINATION

WHEN

PLACES TO EAT

BUDGET

TRAVEL PLANNER

DESTINATION

BEST TIME TO VISIT

THINGS TO SEE

ACTIVITIES

PLACES TO EAT

TRAVEL TIPS

TRAVEL PLANNER

DESTINATION

BEST TIME TO VISIT

THINGS TO SEE

ACTIVITIES

PLACES TO EAT

TRAVEL TIPS

TRAVEL PLANNER

DESTINATION

BEST TIME TO VISIT

THINGS TO SEE

ACTIVITIES

PLACES TO EAT

TRAVEL TIPS

TRAVEL ITINERARY

DATE

DESTINATION

HOTEL DETAILS

FLIGHT DEPARTURE:

FLIGHT ARRIVAL:

SCHEDULE

ACTIVITY

MEALS

BUDGET

FLIGHT INFORMATION

TIME	DESTINATION	FLIGHT NO.	GATE

TIME	DESTINATION	FLIGHT NO.	GATE

TRAVEL BUCKET LIST

DESTINATION 1

DESTINATION 2

DESTINATION 3

DESTINATION 4

TRAVEL BUCKET LIST

TOP 10 COUNTRIES

1	_____	6	_____
2	_____	7	_____
3	_____	8	_____
4	_____	9	_____
5	_____	10	_____

TOP 10 EXPERIENCES

1	_____	6	_____
2	_____	7	_____
3	_____	8	_____
4	_____	9	_____
5	_____	10	_____

TOP 10 LANDMARKS OR THINGS TO SEE

1	_____	6	_____
2	_____	7	_____
3	_____	8	_____
4	_____	9	_____
5	_____	10	_____

TRAVEL BUCKET LIST

TOP 40 PLACES TO GO | THINGS TO SEE | GLOBAL EXPERIENCES

1		21	
2		22	
3		23	
4		24	
5		25	
6		26	
7		27	
8		28	
9		29	
10		30	
11		31	
12		32	
13		33	
14		34	
15		35	
16		36	
17		37	
18		38	
19		39	
20		40	

DAILY TRAVEL ITINERARY

DATE:

LOCATION:

WEATHER:

TODAY'S BUDGET:

TO-DO LIST

EXPENSES

TRAVEL SCHEDULE

6am	
7am	
8am	
9am	
10am	
11am	
12pm	
1pm	
2pm	
3pm	
4pm	
5pm	
6pm	
7pm	
8pm	
9pm	

QUICK NOTE

DAILY TRAVEL ITINERARY

DATE:

LOCATION:

WEATHER:

TODAY'S BUDGET:

TO-DO LIST

EXPENSES

TRAVEL SCHEDULE

6am	
7am	
8am	
9am	
10am	
11am	
12pm	
1pm	
2pm	
3pm	
4pm	
5pm	
6pm	
7pm	
8pm	
9pm	

QUICK NOTE

DAILY TRAVEL ITINERARY

DATE:

LOCATION:

WEATHER:

TODAY'S BUDGET:

TO-DO LIST

EXPENSES

TRAVEL SCHEDULE

6am	
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10am	
11am	
12pm	
1pm	
2pm	
3pm	
4pm	
5pm	
6pm	
7pm	
8pm	
9pm	

QUICK NOTE

TRAVEL OVERVIEW

DATE:

FROM:

TO:

TOTAL DAYS:

TOTAL BUDGET:

COUNTRY:

CAPITAL:

CURRENCY:

EXCHANGE RATE:

TO-GO ATTRACTIONS:

TRAVEL REMINDER:

TRAVEL ITINERARY

TRIP DESTINATION:

DEPARTURE DATE:

RETURN DATE:

DEPARTURE INFO:

TRANSPORTATION:

DEPART FROM:

DEPARTURE TIME:

GATE/TERMINAL:

DESTINATION:

ARRIVAL TIME:

RETURN INFO:

TRANSPORTATION:

DEPART FROM:

DEPARTURE TIME:

GATE/TERMINAL:

DESTINATION:

ARRIVAL TIME:

TRAVEL ITINERARY

FLIGHT INFORMATION

DESTINATION

DEPARTURE DATE/TIME

ARRIVAL DATE/TIME

FLIGHT CODE

TRANSIT AIRPORTS

TRAVEL DATES, ACCOMMODATION, TRANSPORTATION

DATES	HOTEL	TRANSPORT

TRAVEL ITINERARY

PASSENGER INFORMATION

NAME

PASSPORT NUMBER

VISA NUMBER

TRAVEL DATES

VACCINATION INFO

DOCUMENTS CHECKLIST

PASSPORT INFO PAGE

☐

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PASSPORT PAGES

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VISA INFORMATION

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VACCINATION CARD

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BIRTH CETIFICATE

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MISC DOC 2

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TRAVEL ITINERARY

ACCOMMODATION LIST

NOTES

TRANSPORTATION LIST

NOTES

FOOD & DRINK LIST

NOTES

TRAVEL ITINERARY

HOTEL LIST

TRANSPORTATION LIST

GIFT STORE LIST

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