





MY TRAVELLING JOURNAL

NAME:

ADDRESS:









TRAVEL SAFETY TIPS

Stay safe and prepared on every adventure

- [ ] Keep copies of passport & ID in separate bags
- [ ] Register with your embassy before travel
- [ ] Research local scams and how to avoid them
- [ ] Share your itinerary with someone at home
- [ ] Keep emergency contacts on your phone & on paper
- [ ] Use hotel safes for valuables
- [ ] Stay aware of surroundings in crowded areas
- [ ] Carry a basic first-aid kit
- [ ] Know the local emergency numbers
- [ ] Use ATMs inside banks when possible
- [ ] Keep bags zipped and close to your body
- [ ] Trust your instincts — leave if something feels off
- [ ] Avoid flashing expensive jewelry or electronics
- [ ] Learn a few key phrases in the local language
- [ ] Keep digital copies of documents in cloud storage

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MY DESTINATIONS



DATES	DESTINATION

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TRIP OVERVIEW



TRIP START DATE:	
TRIP END DATE:	
TOTAL DAYS:	

NOTES

COUNTRY	ARRIVAL	DEPARTURE	TOTAL DAYS	✓
				○
				○
				○
				○
				○
				○
				○
				○
				○
				○

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TRAVEL RESEARCH

ACCOMMODATION

NAME:

COUNTRY	LOCATION	WEBSITE

CHECK-IN	CHECK-OUT	NO. NIGHTS

ROOM TYPE	PRICE PER NIGHT	TOTAL COST

NOTES	BOOK

NAME:

COUNTRY	LOCATION	WEBSITE

CHECK-IN	CHECK-OUT	NO. NIGHTS

ROOM TYPE	PRICE PER NIGHT	TOTAL COST

NOTES	BOOK

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TRAVEL RESEARCH

USEFUL WEBSITES

www._____ www._____

www._____ www._____

www._____ www._____

www._____ www._____

www._____ www._____

www._____ www._____

www._____ www._____

www._____ www._____

IDEAS

NOTES

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TRAVEL PLANNER

DATE :

THINGS TO DO

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

DESTINATION

WHEN

PLACES TO SHOP

PLACES TO EAT

BUDGET

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TRAVEL PLANNER

DESTINATION

BEST TIME TO VISIT

THINGS TO SEE

ACTIVITIES

PLACES TO EAT

TRAVEL TIPS

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TRAVEL PLANNER

DESTINATION

BEST TIME TO VISIT

THINGS TO SEE

ACTIVITIES

PLACES TO EAT

TRAVEL TIPS

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TRAVEL PLANNER

DESTINATION

BEST TIME TO VISIT

THINGS TO SEE

ACTIVITIES

PLACES TO EAT

TRAVEL TIPS

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TRAVEL ITINERARY

DATE

DESTINATION	HOTEL DETAILS

FLIGHT DEPARTURE:	FLIGHT ARRIVAL:

SCHEDULE

ACTIVITY	MEALS	BUDGET

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FLIGHT INFORMATION

TIME	DESTINATION	FLIGHT NO.	GATE

TIME	DESTINATION	FLIGHT NO.	GATE

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TRAVEL BUCKET LIST

DESTINATION 1	DESTINATION 2

DESTINATION 3	DESTINATION 4

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TRAVEL BUCKET LIST

TOP 10 COUNTRIES

1 _____
2 _____
3 _____
4 _____
5 _____
6 _____
7 _____
8 _____
9 _____
10 _____

TOP 10 EXPERIENCES

1 _____
2 _____
3 _____
4 _____
5 _____
6 _____
7 _____
8 _____
9 _____
10 _____

TOP 10 LANDMARKS OR THINGS TO SEE

1 _____
2 _____
3 _____
4 _____
5 _____
6 _____
7 _____
8 _____
9 _____
10 _____

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TRAVEL BUCKET LIST

TOP 40 PLACES TO GO | THINGS TO SEE | GLOBAL EXPERIENCES

1 _____
2 _____
3 _____
4 _____
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39 _____
40 _____

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DAILY TRAVEL ITINERARY

DATE:

LOCATION:

WEATHER:

TODAY'S BUDGET:

TO-DO LIST

EXPENSES

TRAVEL SCHEDULE

6am

7am

8am

9am

10am

11am

12pm

1pm

2pm

3pm

4pm

5pm

6pm

7pm

8pm

9pm

QUICK NOTE

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DAILY TRAVEL ITINERARY

DATE:

LOCATION:

WEATHER:

TODAY'S BUDGET:

TO-DO LIST

EXPENSES

TRAVEL SCHEDULE

6am

7am

8am

9am

10am

11am

12pm

1pm

2pm

3pm

4pm

5pm

6pm

7pm

8pm

9pm

QUICK NOTE

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DAILY TRAVEL ITINERARY

DATE:

LOCATION:

WEATHER:

TODAY'S BUDGET:

TO-DO LIST

EXPENSES

TRAVEL SCHEDULE

6am

7am

8am

9am

10am

11am

12pm

1pm

2pm

3pm

4pm

5pm

6pm

7pm

8pm

9pm

QUICK NOTE

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TRAVEL OVERVIEW

DATE: FROM: TO:

TOTAL DAYS:

TOTAL BUDGET:

COUNTRY:

CAPITAL:

CURRENCY:

EXCHANGE RATE:

TRAVEL REMINDER:

TO-GO ATTRACTIONS:

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TRAVEL ITINERARY

TRIP DESTINATION:

DEPARTURE DATE: RETURN DATE:

DEPARTURE INFO:

TRANSPORTATION:

DEPART FROM:

DEPARTURE TIME:

GATE/TERMINAL:

DESTINATION:

ARRIVAL TIME:

RETURN INFO:

TRANSPORTATION:

DEPART FROM:

DEPARTURE TIME:

GATE/TERMINAL:

DESTINATION:

ARRIVAL TIME:

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TRAVEL ITINERARY

FLIGHT INFORMATION

DESTINATION	
DEPARTURE DATE/TIME	
ARRIVAL DATE/TIME	
FLIGHT CODE	
TRANSIT AIRPORTS	

TRAVEL DATES, ACCOMMODATION, TRANSPORTATION

DATES	HOTEL	TRANSPORT

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TRAVEL ITINERARY

PASSENGER INFORMATION

NAME	
PASSPORT NUMBER	
VISA NUMBER	
TRAVEL DATES	
VACCINATION INFO	

DOCUMENTS CHECKLIST

PASSPORT INFO PAGE	☐ PRINTED	☐ SCANNED
PASSPORT PAGES	☐ PRINTED	☐ SCANNED
VISA INFORMATION	☐ PRINTED	☐ SCANNED
VACCINATION CARD	☐ PRINTED	☐ SCANNED
BIRTH CETIFICATE	☐ PRINTED	☐ SCANNED
MISC DOC 1	☐ PRINTED	☐ SCANNED
MISC DOC 2	☐ PRINTED	☐ SCANNED

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TRAVEL ITINERARY

ACCOMMODATION LIST

NOTES

TRANSPORTATION LIST

NOTES

FOOD & DRINK LIST

NOTES

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TRAVEL ITINERARY

HOTEL LIST

TRANSPORTATION LIST

GIFT STORE LIST

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